

March

March 2nd -
TKD Belt Exams / Downtown

March 5 , 8, 9 & 12-16 No After School
Program

March 9th -
TKD Instructor Training / 6:15 DT

March 12 - 16 -
Spring Break Schedule for
Tae Kwon Do & BBC - held Downtown
Saturday - 3/10 No TKD or BBC
classes

Monday - 3/12 TKD as Normal
BBC at 6:15 only

Tuesday - 3/13 TKD
5:30 & 6:45 pm as normal - no 7:30
BBC at 6:15 only

Wednesday - 3/14 TKD as Normal

Thursday - 3/15 TKD
5:30 & 6:45 pm as normal - no 7:30
No BBC

Saturday - 3/17 No TKD or BBC
classes

April

April 6th -
TKD Instructor Training / 5:30 DT

April 7th -
No TKD or BBC classes

April 13th -
TKD Skills Exams / Downtown
Skills schedule to be posted

April 27th -
TKD Belt Exams / Downtown

May

May 4th -
TKD Instructor Training / 5:30 DT

May 11th -
TKD Skills Exams / Downtown
Skills schedule to be posted

May 18th -
TKD Belt Exams / Downtown

May 26th & 28th -
No TKD or BBC classes

Interested in Iowa Games?

**FMAC is forming an Iowa Games
Team. Contact Master Hegland or
Master Shilkaitis if you are
interested.**

May TKD Special Classes:

May

**17th - Free Sparring - 6:15 pm* 10 and older
*be warmed up and suited up at 6:15pm**

**Note: Special Classes are designed to enhance
your training and are too short to count as class
for attendance requirements**

March TKD Special Classes:

March

5th- Black belt forms - Decide & up: 6:15 pm

19th - Black belt forms - Decide & up: 6:15 pm

**29th - Free Sparring - 6:15 pm* 10 and older
*be warmed up and suited up at 6:15pm**

**Note: Special Classes are designed to enhance
your training and are too short to count as class
for attendance requirements**

April TKD Special Classes:

April

**TKD for Senior Students - ages 39 and older
6:15 pm on April 4th, 9th, 18th & 23rd**

**12th - Free Sparring - 6:15 pm* 10 and older
*be warmed up and suited up at 6:15pm**

**Note: Special Classes are designed to enhance
your training and are too short to count as class
for attendance requirements**

EVENTS for March, April &
May are subject to change.

Please watch for changes or
new event postings at the
front desk

New FXB course begins March 31st.

Summer Camp

Extreme Action Movie - *June 11th - 15th • limited enrollment

*date change due to snow days

Mini camp information available the first week of March

Mini camps returning:

Sport Sword, Junior Hap Ki Do & Introduction into the World of Other Martial Art Styles

Other topics will be announced in March