

# January 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																																		
						1																																																																																																		
2	3	4	5	6	7	8																																																																																																		
9	10	11	12	13	14	15																																																																																																		
16	17	18	19	20	21	22																																																																																																		
23	24	25	26	27	28	29																																																																																																		
30	31				<small>December</small> <small>S M T W T F S</small> <table border="1"> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>																																																		<small>February</small> <small>S M T W T F S</small> <table border="1"> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>																																																	

Theme of the Month:  
Leadership

Early Bird Registration for the  
FMAC Tournament is Jan. 3rd - 31st.

## January

3rd - 6th - Skills Exams  
 7th - No 5:30 class • Instructor Meeting  
 10th - 15th - After the Holidays SALE  
 17th - New Schedules Start  
 21st - Belt Exams • No 5:30 Class

## February

5th - 1st Annual FMAC Black Belt  
 Workout & Black Belt College  
 14 - 17 - Skills Exams  
 26th - Belt Exams • No Classes

## March

5th - 10th Annual FMAC School Tournament

**10th Annual Family Martial Arts Center Invitational  
Intramural Tournament  
Saturday – March 5th, 2004 at 10:00 AM  
at the Family Martial Arts Center  
Registration Form**

NAME \_\_\_\_\_ AGE \_\_\_\_\_ RANK \_\_\_\_\_

HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

**REGISTRATION FEE:**

**\*\$35.00 if received by Monday, January 31st, 2005**

**\$10.00 additional late fee after Monday, January 31st, 2005**

**\* \$10.00 additional fee per event per person for musical and/or group forms**

**All registrations are DUE BY Wednesday, March 2nd, 2005**

***NO LATE REGISTRATIONS ACCEPTED***

**EVENTS**

Check off events you wish to participate in:

- forms
- board breaking
- sparring (requires safety and sparring equipment)  
Students who compete in the first 3 events listed, will be eligible for the Grand Championship in their division.
- Group Forms \*Extra Fee: \$10.00 *per* person if participating in the regular tournament events, \$35.00 if group form is only event. Musical or nonmusical form. Trophies will be awarded for 1st, 2nd & 3rd place.
- Musical or Creative Form (individual) \*Extra Fee: \$10.00 if participating in the regular tournament events, \$35.00 if group form is only event. Trophies will be awarded for 1st, 2nd & 3rd place.

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge all rights and claims for damages which I may have or which may accrue to me against the Tournament Director, Jill and John Shilkaitis, Jill and John Shilkaitis Family Martial Arts Center, The United States Tae Kwon Do Union, the tournament committee, and all members of the tournament, or their respective officers, representatives, successors, and/or assignees, and against any competitor for any and all damages which may arise out of traveling to, participating in, and returning from such athletic competition. I understand that Tae Kwon do is a body contact sport, and I further understand all the contents of the rules and regulations and general information for which was published by the sponsors and I agree with them in their entirety.

Signature of applicant:

Date:

Signature of Parent:

Date:

**GROUP FORMS: FILL OUT REGISTRATION FORM ON THE BACK**

### Group Registration

Fill out in addition to the individual registration form. Group registration forms will not be accepted without a completed individual registration form.

Number of participants:

List the names of the participants of the group form:

Individual Registration turned in and paid:

Office use

- |                               |     |
|-------------------------------|-----|
| <input type="checkbox"/> paid | 1.  |
| <input type="checkbox"/> paid | 2.  |
| <input type="checkbox"/> paid | 3.  |
| <input type="checkbox"/> paid | 4.  |
| <input type="checkbox"/> paid | 5.  |
| <input type="checkbox"/> paid | 6.  |
| <input type="checkbox"/> paid | 7.  |
| <input type="checkbox"/> paid | 8.  |
| <input type="checkbox"/> paid | 9.  |
| <input type="checkbox"/> paid | 10. |